

# Morristown THE VOICE

January-February-March 2019



Morristown Senior Citizens Center • [www.SeniorCenterMorristown.org](http://www.SeniorCenterMorristown.org) • [hamblenooa@lcs.net](mailto:hamblenooa@lcs.net)

## *"Your Home Away From Home"*

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"THE VOICE" is made possible by the generous support of Morristown-Hamblen Healthcare System  
908 West 4th North St.  
Morristown, TN 37814

### **NOTABLE DATES:**

Tuesday Bridge Club will now play on Mondays at 1pm

### **SENIOR CENTER CLOSED ON FOLLOWING DATES:**

January 1 New Year's Holiday

January 21st

Martin Luther King, Jr. Birthday

### **SENIOR CITIZENS CENTER BOARD OF DIRECTORS:**

Debbie A'Hearn, Chairman  
Jim Palmer, Vice Chairman

Secretary, Kay Senter

Treasurer, A.D. Butler

Valerie Farmer

Ryan Kragle

Judy Davis

Jackie Jinks

Mark Gibson

Dr. Alpha Alexander

Dwaine Evans, Attorney

Gregg Harrell

Ann Harville

Shirley Holt

Greg Moore

Kevin Smith, Attorney

Chet LaFontaine

Chad McCoige

Ruth Slower

Linda Raines

### **Honorary Members:**

Dr. Rajeev Gupta

Clara Osborne

### **CLOSURE POLICY FOR SENIOR CITIZENS CENTER:**

If Schools are closed for Snow the Senior Center is closed.

It will be announced on WCRK both AM and FM.

If in doubt contact WCRK.

### **DEAR FRIENDS HAPPY NEW YEAR FROM THE SENIOR CENTER STAFF & BOARD**

Dear Friends, What a wonderful Holiday Season we had at the Senior Center. Our Holiday Bazaar was a success thanks to all of our hard working staff, board members and Senior Center members. My heart felt appreciation to each of you who worked, donated or came to the Bazaar. I truly appreciate all of our wonderful Vendors. It was a great time.

We had an early Christmas Present thanks to Pete Braile and our friends at Daniel Paul Chairs. Mr. Braile was able to provide the Senior Center with 134 new chairs mainly armed chairs for an extremely generous price. They arrived a month before Christmas. They are wonderful! They look great in our Dining Area and Game Room. If you see Mr. Braile please tell him thank you for his kind contribution. We thank each person who donated to the chairs and those who purchased the old ones. All the money was used to cover the Center's expense to buy the chairs.

We received another wonderful and awesome Christmas present that is to arrive in March 2019. Jefferson Federal Foundation donated enough money for us to purchase a new 15-passenger Van. It will be awesome and will carry two more passengers than our present walk-through vans. We are extremely appreciative to Leah Taylor, Chairman and Foundation members Bill Hale, Andy Smith, and Doug Rouse for their kindness in providing the money for the new van. We are appreciative to those members who have donated over the years to the Van purchase. Your money will be used to pay for the remainder of the Van cost.

As I have said so many times that the Senior Center is blessed to have those who believe in our services and seniors. We are fortunate they want us to have such things as our Pavilion, chairs, Van to make life better for us. Remember donations are accepted year round. We are not under the umbrella of the City or County as many Senior Centers are; therefore, when we have major needs we have to depend on our donations to either repair or purchase items.

### **We are in need of the following for 2019-2020:**

- Resurfacing and relining our Parking Lot. The lines can hardly be seen.
- Replacement of the carpeted areas in the building. The areas consist of the Game and Computer Rooms, Director and Assistant Director's offices. The carpet is 20 years old and is extreme need of replacement.
- Pavilion Storage and Restroom. We continue to accept donations toward the Storage and Restroom area of our Pavilion. It may be a few years before we can work on it but we want to have the money before we start.

Remember if you are 50 years or older please join the many others who consider the Senior Center as their "Home Away From Home". We want you to enjoy the fun and fellowship that we have each day! We are now looking forward to an exciting 2019 with many great things to do. Look for details in this Newsletter of new activities. Also check out our new Facebook Page and the new look on our Website - [seniorcentermorristowntn.org](http://seniorcentermorristowntn.org)

Your Friend,

### **FREE AARP TAX AIDE**

January 2, 2019 Senior Center will start scheduling appointments for Tax Returns  
February 5-April 17, 2019 on Tuesdays and Fridays from 8:30am-4:30pm with the last appointment at 3:15pm. If you are in the low to middle-income bracket especially if you are 60 years or older call 423-581-5166 to schedule an appointment with a Certified AARP Tax Consultant free of charge.

*For those scheduling an appointment bring the following:*

*Social Security Card for each member of the household*

*Photo ID for Primary Taxpayer and Spouse*

*Birth Date for each household member*

*2017 Tax Returns*

*All Documented Income*

*Copy of 1095-A Health Insurance purchased through the Affordable Care Act Marketplace*

## ATTENTION JEFFERSON COUNTY RESIDENTS

In 2019, AARP Tax Consultants will be in Jefferson County on **Thursdays** starting **February 7- April 11, 2019 9am-5pm.** Location **Jefferson City Public Library, 108 City Center Drive, Jefferson City.** For an appointment call **865-475-9094** starting **January 2, 2019.**

## MEMBERSHIP DONATION CHANGES:

Beginning January 1, 2019, the Annual Senior Center Membership will be \$25. If you and your spouse join at the same time, it will be \$45 for a couple. If you join in January, your name will be placed in a drawing to win \$30 in cash. We sincerely appreciate each of you that make an Annual Donation. We hope your donation is worth the fun, education and fellowship that you have with us.

## RENTAL OF MAIN ROOM & PAVILION

Do you, your family, friends or business need a place to have a gathering in 2019. It can be for fun such as a Family Reunion, Special Birthday/Anniversary Party, even a Wedding or do you need a place for a Meeting. If you need a monthly meeting place, we may be able to help you. Our Main Room holds 80-90 people. There are discounts for Senior Center Members and Churches. When warm weather arrives, our Pavilion will be available for Rent. It is a perfect place for picnics and gatherings. Our tables and ramp are handicap accessible and sits 80 people. If you think, you have an interest for either one of these rental spaces contact Debbie at 423-581-5166 for cost and details. Plan early so you can reserve the date.

## CONGRATULATIONS TO:

Sherry Allen –Winner of Smoky the Dog Stand-Up  
Michelle Cook –Winner of the Beautiful Hand-Made Quilt

## ADVANTAGE MEDICARE INSURANCE ANNUAL ENROLLMENT

January 1-March 31, 2019

If you are an Advantage Medicare Recipient and missed the Open Enrollment in the Fall, you have another opportunity to review your Medicare Advantage Plan the first quarter of 2019. This is **ONLY** for **ADVANTAGE** recipients Not **STANDARD** Medicare unless you are on Medicaid. If you have questions **Call 423-581-5166** for further information.

## NEW MEDICARE CARDS

Many seniors have received their new Medicare Cards. If you do not get your new card, **please call Social Security at 1-800-772-1231** especially if you moved and have not given Social Security your new address.

## Do the following when you get your New Medicare Card:

- Give your new card information to your healthcare provider(s).
- If you have an Advantage Medicare continue to use it but keep your new Medicare card in a safe place.
- Discard your old card to avoid confusion of which card to use.

**Medicare Scammers** may call identifying themselves from Medicare asking for your old Medicare number, which is your Social Security Number. **DO NOT** give the number to anyone!!! Medicare **WILL NOT** call and **WILL NOT** ask for your Medicare number! If you have questions, contact Debbie at SCC at 423-581-5166.

## SENIOR CENTER WEB SITE & FACEBOOK PAGE

Thanks to Jim Palmer, SCC Board member the Senior Center has a new look to our Website, which is [seniorcentermorrilstowntn.org](http://seniorcentermorrilstowntn.org) and thanks to Shirley Holt a SCC Board member we have a Facebook page. Please take time to view these sites. You may find your picture at some of the events that you attended. The Center's activities and events as well as the Senior Directory is on the site. Our sincere appreciation to Jim and Shirley for their hard work to make these sites informative and let our community know what a special place the Senior Citizens Center is.

## SPECIAL APPRECIATION:

- **Board Members, Staff and SCC Members** who made the Bazaar a Success. Some worked hours at the banks and the bazaar. Some donated bake goods & yard sale and silent auction items, some made monetary donations, some cooked burgers and made chili, one picked up the cheese in Sweetwater, and others bought "stuff". No matter what part you played each one played an important role in making it a success. Thank you.
- **Jefferson Federal Foundation:** Thanks to this wonderful Foundation, the Senior Center is able to purchase a new 15 passenger Ford Transit 15-Passenger Van. It is to arrive by in March. We are so excited because our present van is 18 years old. Thanks to Hamblen County Government, we were able to use their State Contract so our purchase cost was less.
- **Pete Braile-** For his generous offer in allowing us to purchase new chairs at \$10 each an affordable price for the Center. **Shirley Holt** who set up the contact with him and started the process. **Chad McCoige** and his staff **Mike Singleton** who picked up the chairs and delivered all 134 to the Senior Center.
- **Gregg Harrell** who put up a gate in Dumpster area.
- **Jim Palmer** for becoming our Webmaster & making our Website more user friendly. **Shirley Holt** who made an active Senior Center Facebook page.
- **Dee Miller** who worked days decorating our beautiful Christmas trees and help make Holiday wreaths for the Bazaar.
- **Jonathan Richardson** for bringing the schoolchildren for our Christmas program. They were wonderful!

## BIRTHDAY DINNERS

Reservations required for each month. Please sign up in Lobby or Call 581-5166.

**January 25th – 12:00 Breakfast at Lunch with Movie and Popcorn to follow-** Bring your favorite breakfast food to go with eggs and sausage that the Center will provide. Following our dinner will enjoy an afternoon watching Movie **“Jumanji, Welcome to the Jungle”**. This very hilarious movie is a fun but suspenseive movie to relax and enjoy. With it cold outside plan to stay and watch this very funny movie. **Cost is \$4** for lunch if a dish is not brought.

**February 15nd – 12:00 Valentine and Italian Dinner-** We will have our birthday dinner a week earlier so we can celebrate Valentine's with Italian Food. The Center will fix the Spaghetti and Bread. We ask that you bring items for salad, salad dressings, appetizers and desserts. **Cost is \$4** if a dish is not brought. **Entertainment provided by “Gloryland Way”** Gospel Group. Join us for a delicious dinner and great music that will be a blessing.

**March 22nd – 12:00 Mexican Food Bar-** Bring food that goes with Tacos such as Shredded cheese, shredded lettuce, chopped tomatoes, Jalapeño peppers, Salsa, Fiesta Cheese Dips, Spanish Rice, Refried Beans, Nacho Chips and anything else that is good with Tacos or Taco Salads. **Cost is \$4** if a dish is not brought. **Entertainment Paul Hyde** who has sung with Florida Boys and Blackwood Brothers. He is now a part of new Gospel Group called Redemption Promise.

## LUNCH & LEARNS



11am each time

Reservations needed for each program. Call 581-5166 or sign in at the Lobby Desk.

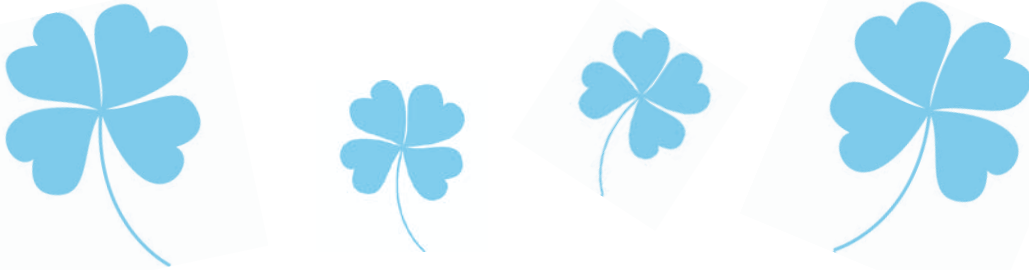
- January 29th 11am- Allen Funeral Home-** Topic “Planning for Peace of Mind” Speakers: John & Robert Allen. They will cover the various preplanning options. Reservations by January 24
- February 19th 11am- Red Cross-** Topic – **“How we can help others through Red Cross”**- Speaker- Celeste Greene. Reservations by February 14
- March 19th 11am- Dewitt Place-** Topic- “Dewitt's Services and Payment Options” Speaker- Amber Campbell. Reservations by March 14

| Mon   | Tues   | Wed  | Thurs  | Fri   |
|---|--|--|--|---|
|    | <b>Happy<br/>New Year's<br/>Senior Center<br/>Closed for<br/>Holiday</b>   | 9:30 Bingo<br>11:00 S.A.I.L<br>12:30 Table/Card Games<br>1:00 Line Dancing                                 | 9:30 Tai Chi<br>10:00 Pinochle<br>10:30 Bible Study<br>1:00 Duplicate Bridge<br>Table/Card Games<br>6:00- Hamblen Co.<br>Genealogy Association<br>Mtg. | 10am Acrylic Art<br>Class-Dan Gibson<br>10:00 S.A.I.L<br>Table Games<br>12:30 Bingo                           |
| <b>1</b>  | <b>2</b>   | <b>3</b>   | <b>4</b>   | <b>5</b>  |
| 9:00 Crafts<br>10:00 Information Chess<br>Class<br>10:30 Pinochle<br>12:30 Mah Jong<br>Table/Card Games<br>1:00 1st mtg of Tuesday<br>night Bridge Club meets | 9:00 Crafts<br>9:30 Tai Chi<br>12:00 Rook Club<br>12:30 Scrabble<br>6:30pm NO Duplicate<br>Bridge  | 9:30 Bingo<br>11:00 S.A.I.L<br>12:30 Table/Card Games<br>1:00 Line Dancing<br>2:00 Trivia                  | 9:00 Grief Support<br>9:30 Tai Chi<br>10:30 Bible Study<br>10:00 Pinochle<br>1:00 Duplicate Bridge<br>Table/Card Games                                 | Table Games<br>10:00 S.A.I.L<br>12:30 Bingo   |
| <b>7</b>  | <b>8</b>   | <b>9</b>   | <b>10</b>  | <b>11</b>   |
| 9:00 Crafts<br>10:30 Pinochle<br>12:30 Mah Jong<br>Table/Card Games<br>1:00 Tuesday Night<br>Bridge Club meets<br>6pm- Coin Club                              | 9:00 Crafts<br>9:30 Tai Chi<br>12:00 Rook Club<br>12:30 Scrabble<br>6:30pm NO Duplicate<br>Bridge  | 9:30 Bingo<br>11:00 S.A.I.L<br>12:30 Rook/ Card Games<br>1:00 Line Dancing                                 | 9:30 Tai Chi<br>10:30 Bible Study<br>10:00 Pinochle<br>1:00-3:00-Crafts- Card<br>Making Class<br>1:00 Duplicate Bridge<br>Table/Card Games             | Table Games<br>10:00 S.A.I.L<br>12:30 Bingo   |
| <b>14</b>   | <b>15</b>  | <b>16</b>  | <b>17</b>  | <b>18</b>   |
| <b>SCC Closed<br/>Martin Luther<br/>King, Jr. Holiday<br/><br/>No Coin Club</b>   | 9:00 Crafts<br>9:30 Tai Chi<br>12:00 Rook Club<br>11:00- Movie & Lunch Trip<br>12:30 Scrabble<br>6:30pm NO Duplicate<br>Bridge             | 9:30 Bingo<br>11:00 S.A.I.L<br>12:30 Rook/ Table Card<br>Games<br>1:00 Line Dancing                        | 9:30 Tai Chi<br>10:00 Pinochle<br>10:30 Bible Study<br>1:00 Duplicate Bridge<br>Table/Card Games   | Table Games<br>10:00 S.A.I.L<br>12:00 Birthday Dinner-<br>Breakfast at Lunch.<br>Movie & Popcorn to<br>follow |
| <b>21</b>   | <b>22</b>  | <b>23</b>  | <b>24</b>  | <b>25</b>   |
| 9:00 Crafts<br>10:30 Pinochle<br>12:30 Mah Jong<br>Table/Card Games<br>1:00 Tuesday Night<br>Bridge Club meets  | 9:00 Crafts<br>9:30 Tai Chi<br>11:00 Lunch & Learn-<br>Allen Funeral Home<br>12:00 Rook Club<br>12:30 Scrabble<br>6:30 NO Duplicate Bridge | 9:30 Bingo<br>10:00 Oil Art Class<br>11:00 S.A.I.L<br>12:30 Rook/ Table<br>Card Games<br>1:00 Line Dancing | 9:30 Tai Chi<br>10:00 Pinochle<br>10:30 Bible Study<br>1:00 Duplicate Bridge<br>Table/Card Games   |                          |
| <b>28</b>   | <b>29</b>  | <b>30</b>  | <b>31</b>  | <b>31</b>   |

# February

| Mon   | Tues  | Wed   | Thurs  | Fri   |
|---|---|---|--|---|
|   |   |   |  | Table/ Card Games<br><b>10:00 S.A.I.L</b><br><b>10:00 Acrylic Art Class</b><br><b>12:30 Bingo</b><br><br><b>1</b>   |
| <b>9:00 Crafts</b><br><b>10:00 Chess Club</b><br>10:30 Pinochle<br>11:30 Sr. Nutrition<br>12:30 Mah Jong<br>Table/Card Games<br><b>1pm- Bridge Club</b><br><br><b>4</b> | <b>8:30-3:30 Tax Returns</b><br><b>9:00 Crafts</b><br><b>9:30 Tai Chi</b><br>12:00 Rook Club<br>12:30 Scrabble<br>Table/Card Games<br><br><b>5</b>  | <b>9:30 Bingo</b><br><b>11:00 S.A.I.L</b><br>12:30 Table/Card Games<br><b>1:00 Line Dancing Class</b><br><br><b>6</b>                                     | <b>10:30 Bible Study</b><br><b>10:00</b> Pinochle<br>Table/Card Games<br><b>1:00</b> Duplicate Bridge<br><b>6:00</b> Hamblen Co.<br>Genealogy Association Mtg<br><br><b>7</b>              | <b>8:30-3:30 Tax Returns</b><br>Table/ Card Games<br><b>10:00 S.A.I.L</b><br><b>12:30 Bingo</b><br><br><b>8</b>   |
| <b>9:00 Crafts</b><br><b>10:30</b> Pinochle<br><b>12:30</b> Mah Jong<br>Table/Card Games<br><b>1pm- Bridge Club</b><br><br><b>11</b>                                    | <b>8:30-3:30 Tax Returns</b><br><b>9:00 Crafts</b><br><b>9:30 Tai Chi</b><br>12:00 Rook Club<br>12:30 Scrabble Table/Card<br>Games<br><br><b>12</b>   | <b>9:30 Bingo</b><br><b>11:00 S.A.I.L</b><br>12:30 Table/Card Games<br><b>1:00</b> Line Dancing Class<br><b>2:00 Trivia</b><br><br><b>13</b>              | <b>Happy Valentine's Day</b><br><br><b>9:00 Grief Support</b><br><b>9:30 Tai Chi</b><br><b>10:30 Bible Study</b><br><b>10:00</b> Pinochle<br><b>1:00</b> Duplicate Bridge<br><br><b>14</b> | <b>8:30-3:30 Tax Returns</b><br>Table/ Card Games<br><b>10:00 S.A.I.L</b><br><b>12:30 Bingo</b><br><b>Valentine's/Birthday</b><br><b>Dinner- "Gloryland</b><br><b>Way" singing</b><br><br><b>15</b> |
| <b>9:00 Crafts</b><br><b>10:30</b> Pinochle<br><b>12:30</b> Mah Jong<br>Table/Card Games<br><b>1:00</b> Bridge Club<br><b>5:30</b> Coin Club<br><br><b>18</b>           | <b>8:30-3:30 Tax Returns</b><br><b>9:00 Crafts</b><br><b>9:30 Tai Chi</b><br><b>11:00 Lunch &amp; Learn Red</b><br><b>Cross</b><br>12:00 Rook Club<br>12:30 Scrabble-Table/Card<br>Games<br><br><b>19</b> | <b>9:30 Bingo</b><br><b>11:00 S.A.I.L</b><br>12:30 Table/Card Games<br><b>1:00</b> Line Dancing<br><br><b>20</b>  | <b>9:30 Tai Chi</b><br><b>10:30 Bible Study</b><br><b>10:00</b> Pinochle<br><b>1:00</b> Card Making Class<br><b>1:00</b> Duplicate Bridge<br><br><b>21</b>                                 | <b>8:30-3:30 Tax Returns</b><br><b>8:30- Harrah's Trip</b><br>Table/ Card Games<br><b>10:00 S.A.I.L</b><br><b>12:30 Bingo-Dewitt</b><br><b>Place sponsor</b><br><br><b>22</b>                       |
| <b>9:00 Crafts</b><br><b>10:30</b> Pinochle<br><b>12:30</b> Mah Jong<br>Table/Card Games<br><b>1:00</b> Bridge Club<br><br><b>25</b>                                    | <b>8:30-3:30 Tax Returns</b><br><b>9:00 Crafts</b><br><b>9:30 Tai Chi</b><br>12:00 Rook Club<br>12:30 Scrabble/ Table<br>Card Games<br><br><b>26</b>  | <b>9:30 Bingo</b><br><b>10:00 Oil Painting Class</b><br><b>11:00 S.A.I.L</b><br>12:30 Table/Card Games<br><b>1:00</b> Line Dancing Class<br><br><b>27</b> | <b>9:30 Tai Chi</b><br><b>10:30 Bible Study</b><br><b>10:00</b> Pinochle<br><b>1:00</b> Duplicate Bridge<br>Table/Card Games<br><br><b>28</b>  |    |

# MARCH

| Mon  | Tues  | Wed   | Thurs   | Fri   |
|--|---|---|---|---|
|    |   |   |   | <b>8:30-3:30 Tax Returns</b><br>Table/ Card Games<br><b>10:00-S.A.I.L</b><br><b>10:00 Acrylic Art Class</b><br><b>12:30 Bingo</b><br><br><b>1</b>       |
| <b>9:00 Crafts</b><br><b>10:00 Chess Club</b><br><b>10:30</b> Pinochle<br><b>11:30</b> Sr. Nutrition<br><b>12:30</b> Mah Jong<br>Table/Card Games<br><b>1pm- Bridge Club</b><br><br><b>4</b> | <b>8:30-3:30 Tax Returns</b><br><b>9:00 Crafts</b><br><b>9:30 Tai Chi</b><br><b>12:00</b> Rook Club<br><b>12:30</b> Scrabble<br>Table/Card Games  | <b>9:30 Bingo</b><br><b>11:00 S.A.I.L</b><br><b>12:30</b> Table/Card Games<br><b>1:00</b> Line Dancing Class                                    | <b>10:30 Bible Study</b><br><b>10:00</b> Pinochle<br>Table/Card Games<br><b>1:00</b> Duplicate Bridge<br><b>6:00-</b> Hamblen Co.<br>Genealogy Association Mtg                | <b>8:30-3:30 Tax Returns</b><br>Table/ Card Games<br><b>10:00 S.A.I.L</b><br><b>12:30 Bingo</b><br><br><b>8</b>   |
| <b>9:00 Crafts</b><br><b>10:30</b> Pinochle<br><b>12:30</b> Mah Jong<br>Table/Card Games<br><b>1pm- Bridge Club</b><br><b>5:00 Board Meeting</b><br><br><b>11</b>                            | <b>8:30-3:30 Tax Returns</b><br><b>9:00 Crafts</b><br><b>9:30 Tai Chi</b><br><b>12:00</b> Rook Club<br><b>12:30</b> Scrabble Table/Card<br>Games  | <b>9:30</b> Bingo<br><b>11:00 S.A.I.L</b><br><b>12:30</b> Table/Card Games<br><b>1:00</b> Line Dancing Class<br><b>2:00</b> Trivia              | <b>9:00 Grief Support</b><br><b>9:30 Tai Chi</b><br><b>10:30 Bible Study</b><br><b>10:00</b> Pinochle<br><b>1:00</b> Duplicate Bridge   | <b>8:30-3:30 Tax Returns</b><br>Table/ Card Games<br><b>10:00 S.A.I.L</b><br><b>12:30 Bingo</b><br><br><b>15</b>  |
| <b>9:00 Crafts</b><br><b>10:30</b> Pinochle<br><b>12:30</b> Mah Jong<br>Table/Card Games<br><b>1:00</b> Bridge Club<br><b>5:30</b> Coin Club<br><br><b>18</b>                                | <b>8:30-3:30 Tax Returns</b><br><b>9:00 Crafts</b><br><b>9:30 Tai Chi</b><br><b>11:00 Lunch &amp; Learn</b><br><b>DeWitt Place</b><br><b>12:00</b> Rook Club<br><b>12:30</b> Scrabble-Table/Card<br>Games | <b>9:30 Bingo</b><br><b>11:00 S.A.I.L</b><br><b>12:30</b> Table/Card Games<br><b>1:00</b> Line Dancing  | <b>8:00 Wohlfahrt Haus- Trip</b><br><b>9:30 Tai Chi</b><br><b>10:30 Bible Study</b><br><b>10:00</b> Pinochle<br><b>1:00 Card Making Class</b><br><b>1:00</b> Duplicate Bridge | <b>8:30-3:30 Tax Returns</b><br>Table/ Card Games<br><b>10:00 S.A.I.L</b><br><b>12:30 Bingo</b><br><br><b>22</b>  |
| <b>9:00 Crafts</b><br><b>10:30 Pinochle</b><br><b>12:30</b> Mah Jong<br>Table/Card Games<br><b>1:00</b> Bridge Club<br><br><b>25</b>   | <b>8:30-3:30 Tax Returns</b><br><b>9:00 Crafts</b><br><b>9:30 Tai Chi</b><br><b>12:00</b> Rook Club<br><b>12:30</b> Scrabble/ Table Card<br>Games   | <b>9:30 Bingo</b><br><b>10:00 Oil Painting Class</b><br><b>11:00 S.A.I.L</b><br><b>12:30</b> Table/Card Games<br><b>1:00</b> Line Dancing Class | <b>9:30 Tai Chi</b><br><b>10:30 Bible Study</b><br><b>10:00</b> Pinochle<br><b>1:00</b> Duplicate Bridge<br>Table/Card Games  | <b>8:30-3:30 Tax Returns</b><br>Table/ Card Games<br><b>10:00 S.A.I.L</b><br><b>12:30 Birthday Dinner</b><br><b>Paul Hyde-Vocalist</b><br><br><b>29</b> |

## EXERCISE CLASSES

### TAI CHI

**Tuesday & Thursday 9:30** An Evidence Based class for those with Balance issues, joint pain especially if arthritis related. Tuesday Class for beginners and Thursday for advanced students. Taught by Jim Perdue, Certified Instructor. Cost \$2 donation. There will be **NO classes January 1, 2019.**

### S.A.I.L

#### Stay Active and Independent for Life

**Wednesday 11am-12 noon & Friday 10-11am** An Evidence Based Exercise Class for those with weakness, balance problems or need to exercise. You exercise at your own pace sitting or standing. Taught by Certified Instructor Jim Perdue. Cost \$2 donation.

### GRIEF SUPPORT

**Second Thursday 9-10am** each month **UT Hospice** sponsors a Grief Support Group. A new leader, Annie Wing joined us late in 2018. She can guide you through the difficulties of losing a love one. Each of us deal with grief differently. She starts where you are. Let Annie and the Group help you get through those difficult times. No charge. You can join any time and bring a family or friend. **Dates January 10, February 14, and March 14, 2019**

## 2019 ACTIVITY CHANGES & ADDITIONS

### POWERFUL TOOLS FOR CAREGIVERS

#### Tuesday Night Bridge Club Changes

**Beginning January 7, 2019** Tuesday Night Bridge will meet each **Monday afternoon at 1pm.** If you are part of the Tuesday Bridge Club, please note this change

### NEW CHESS CLUB

**January 7, 2019 @ 10am-** There will be an organizational and informational meeting for a new Chess Club in the Main Room led by **Keith McCaughin.** Free to you Keith will teach you how to play Chess with plans to meet once a month to play. Keith is excited to share his knowledge of this fun game. If you have an interest call 423-581-5166 to sign up.

### NEW TRIVIA GROUP

**The former Lakeway Regional Hospital Senior Trivia Group** will meet at the Senior Center on the **second Wednesday beginning January 9, @ 2pm.** Everyone is welcome to join this fun group! They will meet in the Craft Room. Led by Ruth McCoy. The first quarter dates are **January 9, February 13 & March 13 at 2pm.**

### SENIOR CENTER TRIPS

**Sign up at the Front Desk or Call 581-5166 for each trip**  
**January 22nd -11:00- Lunch & Movie trip.** Due to the uncertainty of the weather during January, we will remain in Morristown for Tuesday movie and lunch at Olive Garden. If you ride the van, it will be \$6 plus movie and lunch. Movie will be senior rate. Will announce Movie when listing is available.  
**February 22nd – Depart SCC @ 8:30am & leave Harrah's at 6pm-** We will travel via Chariots of Hire with a quick stop for something to eat. **Cost is \$35 with a \$10 Food Voucher and \$10 Playing Voucher** once we arrive at the Casino. For those who enjoy the Buffet it will open at 4:30pm so you can eat before leaving the Casino and use the \$10 voucher. Payment due at sign-up.

**March 21st 8am- Wohlfahrt Haus Dinner Theater** at Wythville, VA. **“Back to the 50’s”** Most of our seniors grew up in the 50’s dancing and singing to the wonderful music such as “Sweet Talking Guy, Shake Rattle & Roll, Rocking Around the Clock, The Twist, Blue Moon” and many more of our Favorites. You do not want to miss this fun time with a delicious meal. We hope to travel with our new Van. **Cost will be \$55, which includes transportation, lunch & play with 50% at sign up, and final payment due by February 28.** Call 581-5166 for your reservations.

## ART CLASSES

### OIL PAINTING CLASS

**January 30, February 27 March 27- 10am** Call Jay @ 423-878-6515 or email [oilpaintingwithjay@gmail.com](mailto:oilpaintingwithjay@gmail.com) for reservation. He offers the Bob Ross Style Oil Painting with Various and Beautiful Country Scenes with systematic instructions by a Certified Instructor. Jay has classes in Southwest VA & Northeast TN so we are fortunate to have him in Morristown. You will take a beautiful painting home each class. Painting displayed in lobby for next class. **Fee \$50** for supplies. **Led by Jay Holdway**

### ACRYLIC ART CLASS

**January 4, February 1 & March 1 - 10am-** Call 423-581-5166 for reservation. Painting displayed in lobby. **Fee \$45** for supplies. **Led by Dan Gibson**

### CRAFT GREETING CARDS CLASS

**January 17th 1-3pm**

**If there is an interest, the class will meet each 3rd Thursday at 1pm.** Make beautiful Greeting Cards to send to your family and friends. Taught by Cindy Trobaugh who will show a different technique each time. If there is special supply needed, she will bring it. If you have never made cards or done scrapbooking, you may want to watch the first class. Some experience would be helpful. If there is an interest, there will be other classes for you to make different kinds of cards. Please bring the following items: **Card Stock, Decorative Papers, Scissors, Glue & Other Elements.**  
**Other Classes will be February 21st & March 21st**

## REGULAR ACTIVITIES

**BIBLE STUDY** Taught by Jewell Hudgen: 10:30am- Each Thursday morning

**BIRTHDAY DINNERS** January 25, February 15, & March 29 at 12:00

**BINGO: Twice a Week, Wednesday @9:30am – Al & Debbie A’Hearn with Smoky Mountain Hospice & HH and Ed James. Fridays @ 12:30- Except when we have Birthday Dinners.**

**BRIDGE CLUB** Tuesday night Club is changing to each **Monday at 1pm.** Thursday Club will meet at 1pm each Thursday.

**CARD MAKING CLASS** 3rd Thursday each month **1-3pm.** A different technique will be taught at each class. Led by Cindy Trobaugh First quarter’s dates: January 17th, February 21st & March 21st.

**CHESS CLUB** 1st Monday each month at **10:00 am-** First quarter’s dates are **January 7th, February 4th & March 4th**

**COMPUTER CLASSES** If have an interest; please call 581-5166 for class times. They are 1-1/2 hours for three weeks.

**Cost- \$3 per class.**

**CRAFTS** Each Monday & Tuesday @ 9:00am. Join this great group of ladies and learn new creations. If you desire to teach, a craft class call Debbie at 581-5166. **Greeting Card Class on Thursday, January 17 at 1pm.**

**GRIEF SUPPORT GROUP** Second Thursday @ 9am January 10, February 14 & March 14. Led by Annie Wing with UT Hospice.

**LINE DANCING:** Each Wednesday at 1:00 pm. Led by Teresa Presley

**MAH JONG GROUP** Each Monday at 12:30pm. New members always welcome Come & join them.

**PINOCHLE** Each Monday & Thursday @ 10:30am – Do not know how to play come and learn.

**ROOK CLUB** Each Tuesday @ 12:30pm. A fun afternoon playing Rook. Led by Dale Pendland & Virginia Taylor

**SCRABBLE** Each Tuesday @ 12:30pm-Learning new & and unique words

**TAI CHI** Each Tuesday & Thursday @ 9:30-10:30am Taught by Jim Perdue. An Evidenced Based Class **Tuesday-Beginners** and **Thursday- Advanced.** Cost \$2 donation. No Class January 1, 2019.

**TRIVIA CLUB** Second Wednesday each month @ 2pm beginning January 9. Everyone is welcome to join this fun group! Club will meet in Craft Room. Led by Ruth McCoy. The first quarter dates are **January 9, February 13 & March 13.**

**S.A.I.L** Each Wednesday 11am-12noon & Friday 10-11am. Taught by Jim Perdue. An Evidence Based Exercise program to strengthen, better balance and more exercise. Exercise at your own pace sitting or standing. **Cost \$2 donation.**

*Thank You!*

**Donors:**

**Director's Trust:** Margaret Merhoff

**Friend of the Center:**

Sandy Webster Chairs donated in Honor of St. Patrick Church

**Patrons:**

Jerry & Johanna Parkins, Agnes Blazier, Dale Swails, Barbara Cobb, Don & Margaret Needham, Jerry Snow, Barbara Deiroff, Fran Masters, Sip-N-Flip Club, Coin Club, Mark Gibson, Kay Senter, Gregg Harrell, Mary Kaylor, Julie Kuntzendorf, Coin Club, Ida Jo Fox, Memory of Sister, Elizabeth Stroud, Joe & Charlotte Long, Memory of Avonia Thress

**In-Kind Donation:**

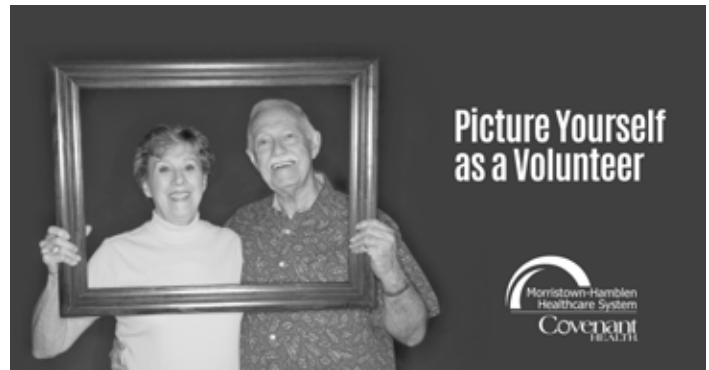
Gregg Harrell, Labor for putting up the Dumpster Gate, Jim Palmer, new Webmaster of SCC website

**Donated Items:**

Linda Oaten, Microwave, Rook & Scrabble Club, New Bunn Coffee Maker, Dee Miller & Bee Cobble, Craft Items, Carolyn Barwick, Paper Items, Mark Fullington with NAPA, 10 cases of water, Lakeway Regional Hospital, Office Supplies

**Wish List:**

Monetary Donations for Pavilion new storage and restroom area, Replacement of old Carpet, Relining and Resealing of Parking Lot, Paper Products, Divided plates, Copier Paper, Office Supplies, Working Stove for a Vital Visits Client.



**Just picture how much fun you could be having!**

If you love helping people and want to work in a fun team atmosphere, then becoming a Volunteer at Morristown-Hamblen Healthcare System might be just what you're looking for!

MHHS has a variety of opportunities and shifts available. Here are some areas where Volunteers are commonly needed:

- Information Desk
- Clerical Assistance
- Gift Shop
- Registration
- Surgery Waiting
- Acute Care Waiting
- Emergency Department
- Imagination Library
- Chaplain Services

For more information on volunteer opportunities at MHHS, visit [www.morristownhamblen.com/volunteers](http://www.morristownhamblen.com/volunteers) or call 423-492-5952.





*Morristown*  
 Senior Citizens Center  
 841 Lincoln Avenue • Morristown, TN 37813

RETURN SERVICE REQUESTED

NON-PROFIT ORG  
 U.S. POSTAL SERVICE  
**PAID**  
 MORRISTOWN, TN  
 PERMIT NO. 229

**STAFF:**

Debbie R. Thayer, Executive Director  
 Carol J. Collins, Asst. Director  
 Casey Schaad  
 Ron Peterson  
 Lois Seals  
 Geraldine Seals



**DONATIONS NEEDED**

The Carpet in SCC offices, game and computer rooms are 20 years old and definitely look like it. We hope to replace it with a more durable wood like flooring in 2019. We will have estimates by March 2019 and hope to replace the flooring by the end of 2019.

The Parking lot as many know is in desperate need of relining and resurfacing. We are getting bids and should have them by March. If you would like to contribute to either one of these needs complete the form below and return it to the Senior Center at 841 Lincoln Ave. Morristown, TN 37813.

**DONATIONS FOR CARPET AND/OR PARKING LOT**

DONOR \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

In Memory of \_\_\_\_\_

In Honor of \_\_\_\_\_

Donation:

\$100 \_\_\_\_\_ \$200 \_\_\_\_\_ \$300 \_\_\_\_\_ \$500 \_\_\_\_\_ Other/Amount \$ \_\_\_\_\_

Office Use: Date Received \_\_\_\_\_