

Morristown
THE VOICE

April-May-June 2019



Morristown Senior Citizens Center • www.SeniorCenterMorristown.org • hamblenooa@lcs.net

**“Your Home
Away
From Home”**

PH: (423) 581-5166
Fax: (423) 581-9824
“THE VOICE” is made possible by the generous support of Morristown-Hamblen Healthcare System
908 West 4th North St.
Morristown, TN 37814

NOTABLE DATES:
April 12th – Health Fair & June 14th Annual Yard/Bake Sale

SENIOR CENTER CLOSED ON FOLLOWING DATES:
April 19th – Good Friday
May 27th – Memorial Day

SENIOR CITIZENS CENTER BOARD OF DIRECTORS:
Debbie A’Hearn, Chairman
Jim Palmer, Vice Chairman
Secretary, Kay Senter
Treasurer, A.D. Butler
Valerie Farmer
Ryan Kragle
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Jackie Jinks
Mark Gibson
Dr. Alpha Alexander
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Shirley Holt
Greg Moore
Kevin Smith, Attorney
Chet LaFontaine
Chad McCoige
Ruth Slover
Linda Raines
Honorary Members:
Dr. Rajeev Gupta
Clara Osborne

Dear Friends, It has truly been an exciting 2019. When it was raining outside, we were getting Showers of Blessings! We got our new 15-passenger Van on February 15 thanks to our wonderful friends with the Jefferson Federal Charity Foundation. Their donation made it possible for us to purchase the needed van. Our sincere appreciation to the Foundation. County Mayor Bill Brittain allowed us to use the County’s state contract to purchase the van, which was a huge savings. We feel very bless to have a community who cares about their seniors.

Thanks to some special friends of the Senior Center, we will be able to get new flooring for our now carpeted rooms and resurface and repair the parking lot this Spring. We are truly blessed at the Senior Center that people realize the importance of our Senior Center and how it makes lives better for so many seniors. Thank you to those who donate money, time, in-kind, items and other donations to make the Senior Center a better place. Our heart-felt appreciation goes to each of you.

We want to thank our special AARP Tax Team for providing FREE tax returns to the Lakeway area. They are a TEAM of experts and caring people. We had eight preparers this year that was organized by Ron Peterson, District Coordinator and supervised by Troy Pfeiffer, Local Coordinator.

We have several new changes and events in 2019. Some of the changes have started and some will begin later in the year. Please read Newsletter for details.

As I have said many times our Senior Center is bless to have those who believe in our Mission to make lives of seniors better. We are fortunate they want us to have our needs met with their donations. It makes life better at the Senior Center. Remember donations are accepted year round. Even with plans to do the floors and parking lot we still want to build our Pavilion Storage Area. We continue to accept donations toward the Storage and Restroom area of our Pavilion.

Remember if you are 50 years old or older come join the many others who consider the Senior Center as their “Home Away From Home”. We want you to enjoy the fun and fellowship that we have each day! We have a lot of fun events and activities planned for 2019. Look for details in this Newsletter, like us on Facebook and check out our Website -seniorcentermorristowntn.org

Your Friend,

IMPORTANT DATES TO REMEMBER

April 12th 9-11am- Health Fair
April 19th -SCC Closed –Good Friday
May 27th -SCC Closed- Memorial Day
June 14th 8:00 –Annual Yard/ Bake Sale

**SPRING HEALTH FAIR
FRIDAY APRIL 12 9-11AM**

Senior Center’s Annual Spring Health Fair with Morristown-Hamblen Hospital providing the following Lab Work for \$10 each:

Thyroid Profile, Chem 14, PSA, & Lipid Profile

Other screenings and senior information includes Hearing, BP checks, Home Health, Hospice Care, Insurance, Retirement Living, Free Legal Service, Free Lamination of Medicare Cards, File of Life Emergency Forms and many other

screenings and information. Be sure to mark your calendar for this important event.

**ANNUAL YARD/BAKE SALE
FRIDAY JUNE 14, 2019 8:00-3:00**

The Senior Center will have their Annual Yard/Bake Sale. If you are a Yard Sale lover, you do not want to miss this one. It is huge. We will have Sausage and Biscuits at breakfast, Grilled Hamburgers & Hot Dogs for Lunch. We take orders for breakfast and lunch for your office or work. You do not want to miss the homemade Bake Goods. Call 581-5166 to place an order for the biscuits \$1 or Lunch Plates which are \$5 for HB with chips and drink and \$3 for Hot Dog with chips and drink. If you want to make a donation of bake goods or yard sale items please bring them to the Senior Center.

IMPORTANT CHANGES –PLEASE READ!!

SENIOR CENTER NEWSLETTER

Starting July 2019, we will no longer mail our Newsletter by US postal service. We will email them to those who give us email addresses. We realize that not everyone has emails; therefore, we will have some hard copies at the Senior Center for pick-up. Many agencies have had this practice for several years. We realize that it will take time to get everyone's emails but it is really important that you contact the Center 423-581-5166 or email us at sccnewsletter37813@gmail.com with your email address **before June 30th** so we can send the July-September Newsletter to you without any interruptions. If you do not have an email but want a Newsletter, call us so we will hold a newsletter for you. Thank you for assisting us with this new way of communicating our events and information.

REMEMBER OUR NEWSLETTER IS ON OUR WEBSITE

www.seniorcentermorristowntn.org

NEW SOURCE FOR PAYMENTS

We are pleased to announce that we are accepting Debit and Credit Card payments for any purchases of goods or services of \$10 or more. This includes trips, memberships, donations, pecans, and craft items. We continue to accept payments of cash and checks.

UT MOBILE MAMMOGRAM @ MORRISTOWN SENIOR CENTER

APRIL 23, 2019 9AM-4PM

For appointment, call 865-305-9153

Insurance filed. Women 40+ without insurance, call to qualify for grant funding.

RENTAL OF MAIN ROOM & PAVILION FOR 2019

Do you, your family, friends or business need a place for a gathering. It can be for fun such as a Family Reunion, Special Birthday/ Anniversary Party, even a Wedding or a Meeting. If you need a monthly meeting place or a special event, we may be able to help you. Our Main Room holds 80-90 people. There are discounts for Senior Center Members, Non-Profits & Churches. The Pavilion is available for Rent. It is a perfect place for picnics. Our tables and ramp are handicap accessible and seats 80 people. If you have an interest for either rental, contact Debbie at 423-581-5166 for cost and details.

NEW MEDICARE CARDS

As of February, all the new Medicare Cards have been sent. If you did not get yours, call **Social Security at 1-800-772-1231 ASAP**. If you have your new one do the following:

- Give your new card information to your healthcare provider(s).
- If you have Advantage Medicare continue to use it but keep the new card.
- Discard your old card to avoid confusion of which card to use.

Medicare Scammers may call identifying themselves from Medicare asking for your old Medicare number, which is your Social Security Number. **DO NOT** give the number to anyone!!! Medicare **WILL NOT** call and **WILL NOT** ask for your Medicare number! If you have questions, contact Debbie at 423-581-5166.

SENIOR CENTER WEB SITE & FACEBOOK PAGE

Thanks to Jim Palmer, SCC Board member the Senior Center has a very informative website, which is www.seniorcentermorristowntn.org. It has information and pictures of activities & events. Thanks to Shirley Holt a SCC Board member and Jim Palmer, we have a Facebook page. Please take time to view these sites. You may find your picture. The Newsletter and Senior Directory is on the website. Our sincere appreciation to Jim and Shirley for their hard work in making the sites informative and letting our community know what a special place the Senior Center is.

SPECIAL APPRECIATION:

Jefferson Federal Foundation: Thanks to this wonderful Foundation, the Senior Center now has a new 15-passenger Ford Transit 15-Passenger Van.

Hamblen County Government, we used their State Contract to lower the cost of the 15-passenger van.

AARP Tax Preparers: The wonderful Tax Preparers for 2019 are: Jon Muller, Sandra Stubblefield, Sharon Robish, Jon Muller, Mary Fanny, Kathy Hoyt, Marily Williams, Joe & Sue Little. Mr. & Mrs. Little also did the Tax returns in Jefferson City along with Marty Ashford. Our Greeters were Ruth McCoy and Diane Lovejoy in Morristown with Mitzi Edmonds and Delores Stout in Jefferson City. Ron Peterson was our District Director with Troy Pfeiffer, Local Coordinator. Free tax returns is a wonderful service!

BIRTHDAY DINNERS

Reservations required for each month.

Sign up in Lobby or Call 581-5166.

April 26 12:00: Birthday Dinner with Salad Luncheon. Bring your favorite Salad. It can be a lettuce based, fruit, meat, or dessert. If you do not make salads bring crackers, vegetable and/or cheese tray. Drinks provided. **Cost \$3** if a dish is not brought. Entertainment by Janet Dalton. She has a beautiful voice so you do not want to miss her.

May 31 12:00 Birthday/Picnic- under the Pavilion. Bring your favorite Picnic food. Meat and drinks provided. **Cost \$3** if a dish is not brought. Entertainment provided by Tracy Jefferson & Friends. Tracy and her friends will share their talents in song. We will not have our traditional Memorial Day program but you do not want to miss this talented group of singers.

June 28 11:30- July 4th Picnic and Bingo- This is our July 4th Picnic and Free Bingo sponsored by Regency Retirement Village in SCC Pavilion. The Center will provide Chicken and Drinks. Bring your great food and join us. Bingo will follow lunch. **Cost \$2** for everyone to help cover cost of the Chicken.

LUNCH & LEARNS

11am each time

Reservations needed for each program.
Call 581-5166 or sign in at the Lobby Desk.

April 16 11am- Smoky Mountain Home Health & Hospice & Regency Retirement Village: Topic "Health, Wellness, and Quality of Life"- Speaker: Dr. Michael Bratton. Reservations by April 11


May 7 11am-Caris Hospice: Topic – "Hospice Services"-Speaker- Allison Giles Reservations by May 2

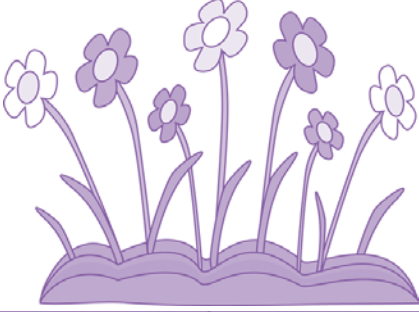
May 14th 11am- Interim Home Health: Topic: "Personal Safety for Seniors"- Speaker- Peggy Ray. Reservations by May 9

INTERNATIONAL ELDER ABUSE AWARENESS PROGRAM

Lunch & Learn

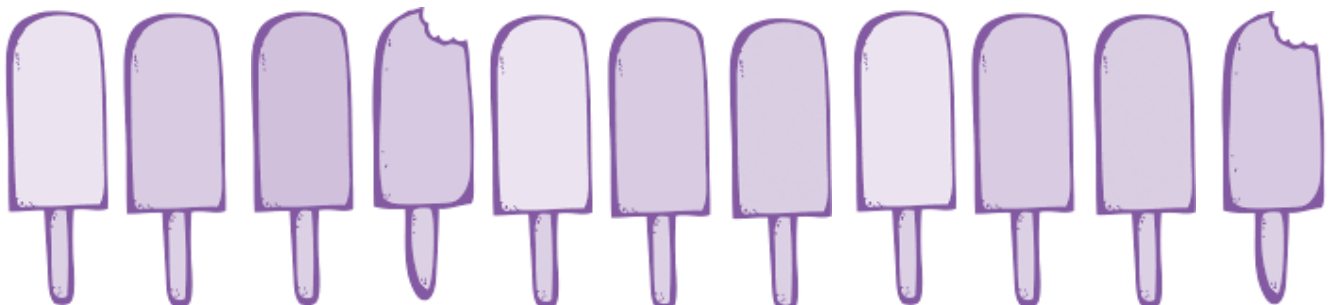
June 18 11am- Home Instead Senior Care, Smoky Mountain Home Health & Hospice & Senior Center will sponsor our Annual Elder Abuse Awareness Day. We will have the following speakers: **Detective Jackie Hickey with Morristown Police Department, Lindsey Maguigan, Attorney with District Attorney's Office, and Marylee McGlothlin, APS Investigative Supervisor.** This is really an important program. We hope you will make your Reservations by June 13

Mon	Tues	Wed	Thurs	Fri
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 1	9:00 Crafts 9:30 Tai Chi 12:00 Rook Club 12:30 Scrabble Table/Card Games 6pm Bridge Club 2	9:30 Bingo 11:00 S.A.I.L 12:30 Table/Card Games 1:00 Line Dancing 1:00 Chess Club 3	9:30 Tai Chi 10:30 Pinochle 10:30 Bible Study Table/Card Games 1:00 Bridge Club 6:00 Hamblen Co. Genealogy Association Mtg 4	Table/Card Games 10:00 S.A.I.L 10:00 Acrylic Art Class Dan Gibson 5
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 8	9:00 Crafts 9:30 Tai Chi 11:00 Lunch Bunch- Longhorn & Movie 12:00 Rook Club 12:30 Scrabble Table/Card Games 6pm Bridge Club 9	9:30 Bingo 11:00 S.A.I.L 12:30 Table/Card Games 1:00 Line Dancing Class 1:00 Chess Club 10	9:00 Grief Support 9:30 Tai Chi 10:30 Pinochle 10:30 Bible Study Table/Card Games 1:00 Bridge Club 2:00 -Trivia 11	9-11am- HEALTH FAIR Table/ Card Games 10:00 NO S.A.I.L 12:30 Bingo 12
9:00 Crafts 9:45 Wii Tournament 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 5:30 Coin Club 15	9:00 Crafts 9:30 Tai Chi 11:00 Lunch & Learn Smokey Mt. HH & Regency 12:00 Rook Club 12:30 Scrabble Table/Card Games 4:00 United Health Care Mtg 6:00 No Bridge Club 16	9:30 Bingo 10:00 Manicurist 11:00 S.A.I.L 12:30 Table/Card Games 1:00 Line Dancing Class 1:00 Chess Club 17	9:30 Tai Chi 10:30 Bible Study 10:00 Pinochle 1:00 Duplicate Bridge 1:00 Card Making Class 18	<p style="text-align: center;">Happy Easter Senior Center Closed For Good Friday</p> 19
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 22	9:00 UT Mobile Mammogram 9:00 Crafts 9:30 Tai Chi 12:00 Rook Club 12:30 Scrabble-Table/Card Games 23	9:30 Bingo 10:00 Oil Painting Class 11:00 S.A.I.L 12:30 Table/Card Games 1:00 Line Dancing 24	9:30 Tai Chi 10:30 Bible Study 10:00 Pinochle 1:00 Bridge Club 1:00 Chess Club 25	Table/ Card Games 10:00 S.A.I.L 12:30 Birthday Dinner Janet Dalton-Vocalist 26
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 29	9:00 Crafts 9:30 Tai Chi 11:30 Country Tonite Trip 12:00 Rook Club 12:30 Scrabble/ Table Card Games 30			

Mon	Tues	Wed	Thurs	Fri
		9:30 Bingo 11:00 S.A.I.L 12:30 Table/Card Games 1:00 Line Dancing Class 1:00 Chess Club	9:30 Tai Chi 10:30 Bible Study 10:00 Pinochle Table/Card Games 1:00 Bridge Club 6:00 Hamblen Co. Genealogy Association Mtg	Table/ Card Games 10:00-S.A.I.L 10:00 Acrylic Art Class 12:30 Bingo
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1pm- Bridge Club	9:00 Crafts 9:30 Tai Chi 11:00 Lunch & Learn Caris Hospice 12:00 Rook Club 12:30 Scrabble Table/Card Games	9:30 Bingo 11:00 S.A.I.L 12:30 Table/Card Games 1:00 Line Dancing Class 1:00 Chess Club	9:00 Grief Support 9:30 Tai Chi 10:30 Bible Study 10:00 Pinochle Table/Card Games 11:30 Lunch Bunch – Holston's 1:00 Duplicate Bridge 2:00 Trivia	Table/ Card Games 10:00 S.A.I.L 12:30 Bingo
6	7	8	9	10
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1pm- Bridge Club	9:00 Crafts 9:30 Tai Chi 11:00 Lunch & Learn Interim Home Health 12:00 Rook Club 12:30 Scrabble Table/Card Games	9:30 Bingo 10-12:00 Manicurist –Craft Room 11:00 S.A.I.L 12:30 Table/Card Games 1:00 Line Dancing Class 1:00 Chess Club	9:30 Tai Chi 10:30 Bible Study 10:00 Pinochle 1:00 Duplicate Bridge	Table/ Card Games 10:00 S.A.I.L 12:30 Bingo
13	14	15	16	17
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 5:30 Coin Club	8:30 Hamricks Trip 9:00 Crafts 9:30 Tai Chi 12:00 Rook Club 12:30 Scrabble-Table/Card Games	9:30 Bingo 11:00 S.A.I.L 12:30 Table/Card Games 1:00 Line Dancing 1:00 Chess Club	9:30 Tai Chi 10:30 Bible Study 10:00 Pinochle 1:00 Card Making Class 1:00 Duplicate Bridge	Table/ Card Games 10:00 S.A.I.L 12:30 Bingo
20	21	22	23	24
MEMORIAL DAY SENIOR CENTER CLOSED	9:00 Crafts 9:30 Tai Chi 12:00 Rook Club 12:30 Scrabble/ Table Card Games	9:30 Bingo 10:00 Oil Painting Class 11:00 S.A.I.L 12:30 Table/Card Games 1:00 Line Dancing Class	9:30 Tai Chi 10:30 Bible Study 10:00 Pinochle 1:00 Duplicate Bridge Table/Card Games 1:00 Chess Club	Table/ Card Games 10:00 S.A.I.L 12:00 BIRTHDAY PICNIC IN PAVILION Tracy Jefferson & Friends
27	28	29	30	31

JUNE

Mon	Tues	Wed	Thurs	Fri
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 3	9:00 Crafts 9:30 Tai Chi 12:00 Rook Club 12:30 Scrabble 6:30 Bridge Club 4	9:30 Bingo 11:00 S.A.I.L 12:30 Table/Card Games 1:00 NO Line Dancing 1:00 Chess Club 5	9:30 Tai Chi 10:00 Pinochle 10:30 Bible Study 1:00 Bridge Club Table/Card Games 6:00 Hamblen Co. Genealogy Association Mtg. 6	10am Acrylic Art Class-Dan Gibson 10:00 S.A.I.L Table Games 12:30 Bingo 7
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 5:00 Board meeting 10	9:00 Crafts 9:30 Tai Chi 12:00 Rook Club 12:30 Scrabble 6:30 Bridge Club 11	9:30 Bingo 11:00 S.A.I.L 12:30 Table/Card Games 1:00 NO Line Dancing 1:00 Chess Club 12	9:00 Grief Support 9:30 Tai Chi 10:30 Bible Study 10:00 Pinochle 1:00 NO Bridge Club Table/Card Games 2:00 Trivia 13	8:00-3pm YARD/BAKE SALE 8:00 Breakfast with Biscuits & Sausage 11:00 Lunch with Grilled Hamburgers & Hot Dogs NO ACTIVITIES 14
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 6pm- Coin Club 17	9:00 Crafts 9:30 Tai Chi 11:00 Lunch & Learn Elder Abuse Awareness Program 12:00 Rook Club 12:30 Scrabble 6:30pm Bridge Club 18	9:30 Bingo 10-12:00 Manicurist –Craft Room 11:00 S.A.I.L 12:30 Rook/ Card Games 1:00 NO Line Dancing 1:00 Chess Club 19	9:30 Tai Chi 10:30 Bible Study 10:00 Pinochle 11:30 Lunch Bunch – Boathouse Restaurant 1:00 Card Making Class 1:00 Bridge Club Table/Card Games 20	Table Games 10:00 S.A.I.L 12:30 Bingo 2:30 Soul of Motown Show & Dinner Trip 21
9:00 Crafts 10:30 Pinochle 12:30 Mah Jong Table/Card Games 1:00 Bridge Club 24	9:00 Crafts 9:30 Tai Chi 12:00 Rook Club 12:30 Scrabble 6:30 Bridge Club 25	9:30 Bingo 10:00 Oil Art Class 11:00 S.A.I. L 12:30 Rook/ Table Games 1:00 NO Line Dancing 26	9:30 Tai Chi 10:00 Pinochle 10:30 Bible Study 1:00 Bridge Club Table/Card Games 1:00 Chess Club 27	Table Games 10:00 S.A.I.L 11:30 July 4th Picnic and Free Bingo sponsored by Regency Retirement Village @ Pavilion 28



EXERCISE CLASSES

TAI CHI

Tuesday & Thursday 9:30 An Evidence Based class for those with Balance issues, joint pain especially if arthritis related. Tuesday Class for beginners and Thursday for advanced students. Taught by Jim Perdue, Certified Instructor. Cost \$2 donation.

S.A.I.L

Stay Active and Independent for Life

Wednesday 11am-12 noon & Friday 10-11am An Evidence Based Exercise Class for those with weakness, balance problems or need to exercise. You exercise at your own pace sitting or standing. Taught by Certified Instructor Jim Perdue. Cost \$2 donation. There will be **NO Classes on Good Friday April 19 or June 14 for Yard Sale.**

GRIEF SUPPORT

Second Thursday 9-10am each month **UT Hospice** sponsors a Grief Support Group. Annie Wing leads the group as you work through the difficulties of losing a love one. Each one deals with grief differently. She starts where you are. Let Annie and the Group help you get through those difficult times. No charge. You can join any time and bring a family or friend. **Dates April 11, May 9, & June 13, 2019**

2019 ACTIVITY CHANGES & ADDITIONS

NEW CHESS CLUB

The Chess Club will meet on Wednesday each week except the last Wednesday each month. The Club will meet the following dates at **1pm: April 3, 10 & 17 & Thursday 25. May 1, 8, 15, 22 & Thursday 30. June 5, 12, 19, & Thursday 27.** Keith McCaughin who is very knowledgeable of the game leads the Club. If you have an interest call 423-581-5166 to sign up.

NEW TRIVIA GROUP

The former Lakeway Regional Hospital Senior Trivia Group will meet at the Senior Center on the **second Thursday @ 2pm.** Everyone is welcome to join the fun! They meet in the Craft Room. Led by Ruth McCoy. Dates scheduled: **April 11, May 9, & June 13, 2019.**

NEW LUNCH BUNCH

In January, we offered a trip to a local restaurant and movie. It was so much fun we decided to continue the trip monthly. Once a quarter we will do Lunch & see a Movie. The other two months we will have only lunch. The movie will be on Tuesday, which is Senior Day. Sign-up in lobby or call 581-5166. Will meet the following dates: **April 9-11:00** Movie & Lunch @ Longhorn Steak House, **May 9- 11:30** -Holston's **June 20-11:30**-Boathouse Restaurant

NEW MANICURIST

3rd Wednesday each month-10am-12 noon- Sarah Stephens, Licensed Manicurist will do FREE Manicures. Appointments every 20 minutes. Call **581-5166** to schedule appointment for **April 17, May 15, June 19.**

WII BOWLING TOURNAMENT

Monday April 15th @ 9:45am

It has been a long time since our last Wii Bowling Tournament. If you enjoy Bowling, join us for a fun and friendly game of Wii Bowling. **Please arrive by 9:45 so we can start at 10am.** If you want to practice, the game will be set on Monday 8:30-11:30 and Friday afternoons after Bingo. Sign-up in the lobby or call 581-5166 to register.

SENIOR CENTER TRIPS

Sign up at the Front Desk or Call 581-5166 for each trip

April 30, 11:30- Country Tonite with Lunch at Applewood Farmhouse Restaurant. The is a great family musical show and the meal is a special price for those attending Country Tonite. Your cost will include Show, Lunch & Transportation. Cost \$35. The total amount is due at sign-up. Reservations by April 17th.

May 21, 8:30 Hamrick's, Kingsport with Lunch at Cheddar's- It is Senior Day at Hamricks. No discount on WOW items. Cost \$12 for Transportation with Lunch on your own. Reservations by May 17th.

June 21, 2:30- Soul of Motown Dinner & Show- We will enjoy a delicious dinner and afterwards enjoy one of the best shows in Pigeon Forge. If you enjoyed Motown when young, you will love this show. They sing all the favorite Motown songs of the 50's and 60's. Cost \$55 includes dinner, show and transportation. 50% at sign up and final payment by May 31st.

ART CLASSES

OIL PAINTING CLASS

April 24, May 29, June 26- 10am Call Jay @ 423-878-6515 or email oilpaintingwithjay@gmail.com for reservation. **Led by Jay Holdway** a Certified Instructor, he teaches Bob Ross Style Oil Painting with Beautiful Country Scenes with systematic instructions. You will take a beautiful painting home each class. Painting displayed in lobby for next class. **Fee \$50** for supplies.

ACRYLIC ART CLASS

April 5, May 3, & June 7 - 10am- Call 423-581-5166 for reservation. Painting displayed in lobby. **Fee \$45** for supplies. **Led by Dan Gibson**

CRAFT GREETING CARDS CLASS

April 18, May 16, & June 20 @ 1pm

Make beautiful Greeting Cards. **Taught by Cindy Trobaugh** who will show different techniques. If there is special supply needed, she will bring it. If you have never made cards or scrapbooking, you may want to watch the first time. Some experience would be helpful. Please bring the following items: **Card Stock, Decorative Papers, Scissors, Glue & Other Elements.**

LINE DANCING CLASSES

Weekly Line Dancing Classes cancelled for June. All classes in April and May will be at 1pm on Wednesday.

2019 Hamblen County Genealogy Association Meetings

The HCGA will meet the first Thursday of each month at 6pm at the Senior Center. If you are interested in Genealogy, you are welcome to join HCGA. The next Meeting Dates are **April 4, May 2, & June 6 @ 6pm**

REGULAR ACTIVITIES

BIBLE STUDY Taught by Jewell Hudgen: 10:30am- Each Thursday morning

BIRTHDAY DINNERS April 26, May 31, at 12:00. June 28 @11:30

BINGO: Twice a Week, Wednesday @9:30am – Al & Debbie A'Hearn with Smoky Mountain Hospice & HH and Ed James are callers. **Fridays @ 12:30-** Except when we have Birthday Dinners. Carolyn Barwick and Carol Collins are callers.

BRIDGE CLUB Monday at 1pm, Tuesday at 6:30pm and Thursday at 1pm.

CARD MAKING CLASS 3rd Thursday each month 1-3pm.

CHESS CLUB Meets each Wednesday @1pm except last Wednesday. Will meet on Thursday. **April 3, 10 & 17 & Thursday 25. May 1, 8, 15, 22 & Thursday 30. June 5, 12, 19, & Thursday 27.**

COMPUTER CLASSES If have an interest; please call 581-5166 for class times. They are 1-1/2 hours for three weeks. **Cost- \$3 per class.**

CRAFTS Each Monday & Tuesday @ 9:00am. Come join this great group of ladies and learn new creations. If you desire to teach, a craft class call Debbie at 581-5166.

GRIEF SUPPORT GROUP Second Thursday @ 9am. Led by Annie Wing with UT Hospice. Next meetings are: **April 11, May 9, & June 13**

LINE DANCING: Each Wednesday at 1:00 pm. Classes will meet in April & May but **June classes are cancelled.** Led by **Teresa Presley.**

MAH JONG GROUP Each Monday at 12:30pm. New members always welcome Come & join them.

PINOCHLE Each Monday & Thursday @ 10:30am – New members welcome.

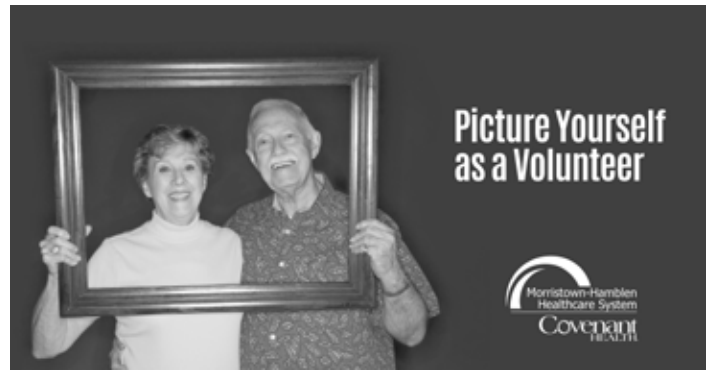
ROOK CLUB Each Tuesday @ 12:30pm. A fun afternoon playing Rook. Led by Dale Pendland & Virginia Taylor

SCRABBLE Each Tuesday @ 12:30pm-Learning new & and unique words

TAI CHI Each Tuesday & Thursday @ 9:30-10:30am Taught by Jim Perdue. An Evidenced Based Class **Tuesday-Beginners** and **Thursday- Advanced.** Cost \$2 donation.

TRIVIA CLUB Is changing to 2nd Thursday each month @ 2pm beginning **April 11, May 9 & June 13.** Everyone is welcome! Club meets in Craft Room. Led by Ruth McCoy.

S.A.I.L Stay Active and Independent for Life-Wednesday 11am-12 noon & Friday-10-11am. Led by Jim Perdue. \$2 donation appreciated.



Just picture how much fun you could be having!

If you love helping people and want to work in a fun team atmosphere, then becoming a Volunteer at Morristown-Hamblen Healthcare System might be just what you're looking for!

MHHS has a variety of opportunities and shifts available. Here are some areas where Volunteers are commonly needed:

- Information Desk
- Clerical Assistance
- Gift Shop
- Registration
- Surgery Waiting
- Acute Care Waiting
- Emergency Department
- Imagination Library
- Chaplain Services

For more information on volunteer opportunities at MHHS, visit www.morristownhamblen.com/volunteers or call 423-492-5952.

Thank You!

Donors:

Director's Trust: Margaret Merhoff, Jefferson Federal Foundation, Estate of Avonia Thress, State Farm Companies Foundation

Friend of the Center:

Bridge Club, Regency Retirement Village, Mark Gibson, First Presbyterian & Presbyterian Hunger Program

Patrons:

Wallace Foundation, The Begin Again Shoppe, Murrell Technologies, C. Dwaine Evans, Coin Club, Jerry Self, In Memory of Emma Jane Collins David Rush & Collis Nelson

In-Kind Donation:

Gregg Harrell, Jim Palmer, Duane Cline

Donated Items:

Pete Braille, Leather for Crafts, Central Services, Carolyn Barwick, Paper Items, Mark Fullington with NAPA, 10 cases of water

Wish List:

Monetary Donations for Pavilion new storage and restroom area, Replacement of old Carpet, Relining and Resealing of Parking Lot, Paper Products, Divided plates, Copier Paper, Office Supplies





Morristown
 Senior Citizens Center
 841 Lincoln Avenue • Morristown, TN 37813

RETURN SERVICE REQUESTED

NON-PROFIT ORG
 U.S. POSTAL SERVICE
PAID
 MORRISTOWN, TN
 PERMIT NO. 229

STAFF:

- Debbie R. Thayer, Executive Director
- Carol J. Collins, Asst. Director
- Casey Schaad
- Ron Peterson
- Lois Seals
- Geraldine Seals
- Terry Stout



DONATIONS NEEDED

The Carpet in SCC offices, game and computer rooms are 20 years old and definitely needs replacing with a more durable tile flooring. We hope to replace the carpet in May or June. The Parking Lot is in desperate need of relining and resurfacing. We hope to resurface it when hot weather starts. If you want to contribute to either these needs, complete the form below and return it to the Senior Center at 841 Lincoln Ave. Morristown, TN 37813.

DONATIONS FOR CARPET AND/OR PARKING LOT

DONOR _____ PHONE _____

ADDRESS _____

In Memory of _____

In Honor of _____

Donation:

\$100 _____ \$200 _____ \$300 _____ \$500 _____ Other/Amount \$ _____

Office Use: Date Received _____